



Creating Healthy Schools and Communities in Suffolk County

Making Long Island a Healthier Place to Live, Learn, Work, and Play

Western Suffolk BOCES, Nassau and Suffolk Child Care Councils, Choice for All and Vision Long Island are working in the Towns of Hempstead, Babylon and Islip to expand local health efforts to implement evidence-based physical activity and nutrition strategies that build on existing community assets, coalitions, and relationships, leverage resources, and meet the unique needs of high-need communities.

Worksites and Community Settings

Implement food service guidelines (FSGs) to increase availability of healthy foods in multiple venues such as cafeterias, concession stands, vending machines, pantries and shelters to make healthier choices easier for consumers.

Early Childhood Education (ECE) Settings

Improve policies and environments that support age-appropriate physical activity, nutrition best-practices such as healthy beverage, menu, and snack options, and opportunities for family engagement.

Municipalities

Implement community planning and active transportation strategies to increase safe and accessible physical activity such as connecting sidewalks, paths, and/or bicycle routes to local destinations.

School Districts

Strengthen local school wellness policies, establish Comprehensive School Physical Activity Programs, improve access to healthy, affordable, nourishing foods through healthy vending and classroom celebrations, and support CDC's Whole School, Whole Community, Whole Child model.



CHILD CARE COUNCIL
OF SUFFOLK, INC.

